**St Cuthbert’s Way**

St Cuthbert’s Way journeys through the quiet countryside of the Scottish Borders and Northumbria, joining together places associated with the 7th Century Saint. It begins in the market town of Melrose in the Scottish Borders and finishes on the Holy Island of Lindisfarne on the edge of the North Sea. In-between it takes in some beautiful countryside, including the banks of the River Tweed and the foothills of the Cheviots and visits important historic sites such as Dryburgh Abbey and St Cuthbert’s Cave.

Starting in Melrose you will head through the Eildon Hills with lovely views of the surrounding countryside, before following the banks of the famous River Tweed. After a quick detour to the ruins of Dryburgh Abbey, you follow the course of Dere Street, an ancient Roman Road, before heading cross country to Kirk Yetholm, the end point of the Pennine way.

The Way then heads through the foothills of the remote and beautiful Cheviot Hills, and on to the sleepy market town of Wooler. As the coast draws near, you will visit St Cuthbert’s Cave before descending to the unique tidal causeway which leads to Holy Island with its spectacular priory and castle.
Summary

Why do this walk?
• A pleasant meander through the peaceful Scottish Border’s countryside with lots of historical interest.
• Take it easy and enjoy the quiet paths on this generally well waymarked route.
• Crossing the tidal causeway to the Holy Island of Lindisfarne, with the dramatic setting of the castle and priory, makes a memorable end to the trip.

Essential Info

Length 5-8 nights
Full Route Length 63 miles / 101 km

Grade
Moderate
The route tends to follow valleys, skirting the bigger hills. There are a couple of longer hills, making it a good route for those with previous experience.

Terrain: Riversides, rolling hills, and moorlands.
What’s it like underfoot? Generally good paths and tracks, although a few sections can get a bit boggy.

How Much Up & Down? Most days involve descents of 200-500m metres, although no section is very steep for very long.

Signposting: Pretty good.
Navigation: Pretty straightforward – good signposting, and generally well defined tracks.

Route

Melrose to Harestanes/Jedburgh
The walk starts in the historic market town of Melrose, and soon climbs steeply up the distinctive twin peaks of the Eldon Hills, giving lovely views over the Tweed Valley and surrounding border countryside. The route descends through the village of Bowden then on to the ruins of Dryburgh Abbey, sited on a meander in the River Tweed, and site of Sir Walter Scott’s grave. From here, the route follows the banks of the River Tweed for a while before heading off along the ancient Roman Road of Dere Street to the village of Harestanes, on the River Teviot. Jedburgh, an historic market town, lies 2 miles south; where the 12th Century Abbey is well worth a visit.

Harestanes/Jedburgh to Kirk Yetholm
The route briefly returns to the roman road before taking to an intricate network of paths and tracks through rolling farmland en route for the small village of Morebattle. On the way you will pass the ruined Cessford Castle, built in the 15th century by the Ker Clan. After Morebattle the route takes to the foothills of the Cheviot Hills. After crossing Kale Water (rivers are often referred to as “Waters” in Scotland) there is a steep climb up Wideopen Hill, with excellent views in all directions. The route descends to Kirk Yetholm via the banks of Bowmont Water.

Kirk Yetholm to Wooler
The most challenging day on the route as you continue across the lower slopes of the wild and remote Cheviot range, and cross the border into England. There are many ascents and descents, and more fantastic views, before descending to the small market town of Wooler.

Wooler to Lindisfarne / Holy Island
Today the Way crosses moorland, agricultural land, and woodland before reaching the coast. The route visits St Cuthbert’s Cave, an impressive sandstone cave where the monk’s body was hidden from the Vikings. There are superb views along the coastline, including the famous Bamburgh Castle, as well as Lindisfarne itself. You will descend to the coast, then cross the tidal causeway to Holy Island. The causeway is under water for 5 hours at high tide – so you need to consult the tide tables. This is a unique walk as the causeway crosses the sands, with the ruined Lindisfarne Abbey and castle growing ever closer. A fitting end to a memorable walk.

Additional Days
We can arrange extra nights at any of the overnight
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Walking Holidays in Britain’s most Beautiful Landscapes

stops, allowing for rest days, or giving you more time to explore the locality. We would highly recommend Lindisfarne as a place to spend a little extra time:

Lindisfarne
The Holy Island of Lindisfarne is an excellent place for a rest day. The Island is only accessible across its tidal causeway, so you may be restricted by the tide times and not have sufficient time to visit all that it has to offer before your departure. Adding an extra day here ensures that you can enjoy the historic attractions of the Castle and Priory, and explore the Lindisfarne nature reserve at your leisure. Please note that Lindisfarne Castle is closed on Mondays.

Getting There and Away
General travel information for the St Cuthbert’s Way route will be in your holiday pack including train and bus timetables where available. Detailed instructions on getting to your first night’s accommodation by car, or on foot from the nearest train or bus station, will also be included in the holiday pack on individual accommodation maps. To view train times please visit www.qjump.co.uk for information on bus timetables please visit www.traveline.info

Getting There:
By Air: The nearest International Airports are Edinburgh (EDI) and Newcastle (NCL). An airport shuttle bus operates to Edinburgh city centre (journey time 25 minutes). When travelling from Newcastle airport, take the Metro rail to the city centre railway station - the airport has its own Metro station (you will need some change for the ticket machine). The journey time from the airport to Newcastle Central Station is around 20 minutes.

By Public Transport: The nearest railway station to Melrose is Tweedbank where there is a connecting bus to Melrose, A8/A9 (8 mins) By Road: Melrose is situated approximately 55 miles north of the Scottish border. If you travel to Galashiels, Melrose is 4 miles from here. When traveling from the south you can take the M6 followed by the A7.

Returning from Lindisfarne:
By Public Transport: We recommended taking a taxi to Berwick upon Tweed. You can take a bus, but the timetable is unpredictable due to the tide over the causeway. Once in Berwick upon Tweed you can travel by train on the east coast mainline.

How our Holidays Work
We specialise in self-guided walks because we think it’s the best way to really experience local landscapes, cultures and history. You walk under your own steam, at your own pace, safe in the knowledge that we have organised everything, and help is only a phone call away. We book all your accommodation, move your luggage between overnight stops, provide you with maps and guidebooks and all the details you need for a successful holiday.

Inbuilt Flexibility
Our holidays are designed to be flexible and can therefore be tailored to suit your requirements. If you’re looking for something different, or extra, from the holidays described here, give us a ring and we’ll do our best to please.

How to Book
Once you have decided which holiday you wish to book, please fill in the form at the back of this brochure which can then be emailed, posted or faxed to us. We will get in touch with you once we have received your booking to confirm your holiday details. Alternatively you can either book online using our website at www.mickledore.co.uk or telephone us during office hours.
Accommodation
Good accommodation and friendly hosts are an essential part of any holiday. We make a special effort to find the hidden gems, as well as keeping a close eye on the quality of the more mainstream accommodation.
As well as visiting the accommodation ourselves, we ask all our customers to complete a short evaluation on each night’s accommodation, which then gives us an insight into the day-to-day operation, and lets us spot any potential issues before they become a problem. We have three former Keswick guest house owners on the staff – so we know the industry well.
One of the great features of our St Cuthbert’s Way holidays is the quality of the accommodation, including small country house hotels, guest houses, bed and breakfasts and farm house accommodation. In selecting the accommodation we look for helpful, friendly hosts with good quality, characterful accommodation close to the trail.

Guidebook
A guidebook with route information, maps, photos and background information.

Information of Services Along the Route
A comprehensive Service Info sheet, including services such as cash points, banks, post offices, village shops, inns, cafes and taxis.

Maps
A waterproof 1:40000 map from Harvey Maps covering the whole route.

Personal Itinerary
A personal itinerary setting out each overnight stop, including large scale maps of each accommodation, to ensure you find them easily.

Emergency Telephone Support
If you get into difficulties during your holiday, we are always available to help, even out of office hours.

15% discount at Cotswold Outdoors
We will issue you with a 15% Discount Card valid at all Cotswold Outdoor stores, and online, for the whole year on confirmation of your booking.

Options

Luggage Transport
We will transfer your luggage between each overnight stop – if you leave your luggage at the accommodation when you set off in the morning, it will be moved on to your next B&B. You only need to carry a small day sack with the clothes and provisions you require during the day’s walk.

Packed Lunches
Provided for each day’s walking and recommended on this holiday as there will not always be a handy shop or cafe on the route.

Off Road Parking
If you are travelling by car we can usually arrange off road parking for the duration of your trip. (There may be a small charge for this).

Arrangement of return transport
We can also arrange your transfer back to your car, (or advise you when public transport is a better option)!

What’s Not Included
Evening Meals
Your evening meal isn’t included in the package, but we include full details and recommendations for each evening meal in your itinerary. You will normally be within walking distance of a pub and/or restaurant, or where there is good food available at the accommodation, we’ll book that for you. Allow about £20 per night.

Transport to the start and away from the finish
You will need to pay for your own transport, but we can help you to make arrangements.

Taxi or bus transport along the way
If you need to miss a stage you will need to pay for the cost of a bus or taxi, but we can help you to organise it.

Travel Insurance
Even if you are based in the UK travel insurance is worth having.

Prices
Detailed prices for all our holidays are available on the website at www.mickledore.co.uk

About Mickledore
Mickledore Travel is based in Keswick at the heart of the English Lake District. We are one of
the leading specialists in self-guided walking and cycling holidays in the UK, and provide a friendly, professional and flexible service.

We are walkers and cyclists ourselves, so it really matters to us that you have a good holiday. We are still a small business, with a lot of local knowledge, and personal enthusiasm for the outdoors. If you’ve got any queries, we’re always happy to help, so don’t hesitate to pick up the phone, drop us an email or visit us in Keswick.

We specialise in UK holidays, and by concentrating on what we consider to be the best routes, we get to know the trails, accommodation, and local area really well.

- All your accommodation has been carefully selected and is regularly monitored.
- We listen to you and tailor each holiday to meet your requirements.
- We have an excellent level of customer service.
- We have over 20 years experience, and very high levels of customer satisfaction.
- Peace of mind – help is only ever a telephone call away.
- We are all outdoor enthusiasts – we know what makes a good holiday, and we want you to have one!
- 15% discount card for all your outdoor equipment purchases from Cotswold Outdoors.
- 100% financial protection – in the very unlikely event of Mickledore’s financial failure, you receive a full refund.

Book with Confidence

Financial Protection

Your payments are fully protected against our financial failure. We are members of the Association of Independent Tour Operators (AITO), and have arranged bonding through ABTA. This means that in the unlikely event of our financial failure, any monies you have paid to us will be refunded. This bonding is fully compliant with the Package Travel Regulations and provides 100% financial protection.

AITO Quality Statement

Mickledore Travel is a member of the Association of Independent Tour Operators. The Association represents Britain’s leading independent tour operators. It promotes high levels of professionalism and a shared concern for quality and personal service. The Association encourages the highest standards in all aspects of tour operating.

Mickledore Travel abides by AITO’s Code of Conduct and adheres to the Quality Charter which can be viewed at www.aito.com. Visit the website to find out more about the Association or call 020 8744 9280.

Client Feedback

We are proud of our reputation for quality holidays on St Cuthbert’s Way. There are plenty of customer reviews on our website, but here are a couple of comments to give you a flavour:

“We were very happy with everything provided by Mickledore. We thought the holiday pack was very thorough. The maps and accommodation instructions were terrific. Mickledore was recommended to us by a friend in England and we would not hesitate to pass on your details to others and have already done so in a couple of cases. We did enjoy it immensely, and if we are in a position in the future to come over there and do something else we will certainly contact you.”

Mrs Wendy Johnson, Victoria, Australia

Would you use Mickledore again?

“Yes, for their knowledge and expertise and the fact that we picked up that Mickledore have a high reputation amongst the service providers on the route. Just to say “Thank You” for putting this together for us and ensuring we had a superb and memorable experience. Everything went smoothly without any hitches or upsets and we’re just sorry it’s over – still there will be other treks to look forward to.”

Mr & Mrs Pont Wensleydale, North Yorkshire.

Would you use Mickledore again:

“Yes, and we would recommend to others. I would like to say thank you for a classy operation.”

Mr Fred Leverentz Minnetonka, U.S.A
Our Itineraries

The Whole St Cuthbert’s Way
Melrose to Lindisfarne 63 miles / 101 km
We have 4 holidays covering the whole route from Melrose to Lindisfarne over 4 days to 7 days walking, depending on how far you want to go each day.

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Booking Form

Contact Details

Address:

Telephone:  
Mobile / Alternative Tel:  
Email:  
Emergency Contact No:  

Your Holiday

Holiday Name:  
Holiday Code:  
(Hadrian’s Wall: Add an “R” if starting in the West)

Date of First Night:  
Date of Last Night:  

Party Members

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Options

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<th>Rest Days (give date &amp; location)</th>
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Luggage Transport  
No. Double Rooms  
No. Twin rooms  
No. Single Rooms  
No. Triple Rooms (Double & Single)

Rest Days (give date & location)

Comments (special diets, other requirements, etc):

Payment

Holiday cost per person  
I enclose a cheque for the deposit value (GBP only, made payable to Mickledore Travel)

Rest Days  
I would like to pay by card (we will contact you to arrange this).

Total cost per person  
I would like to pay by bank transfer (we will contact you to arrange this).

Number in group

Total group cost

Deposit (20% of Total Cost)

Signed:  
Date:  
Name:  

I confirm that the above details are correct and that I have read the terms and conditions available on the website.

Single and solo supplements will be added where applicable.

How did you hear about Mickledore Travel: