



Walking Holidays in Britain's most Beautiful Landscapes

t: 017687 72335

e: info@mickledore.co.uk

w: www.mickledore.co.uk



South West Coast Path: South Devon

The South West Coast Path is England's longest waymarked long-distance footpath and a National Trail. Our South Devon holidays let you explore sections of the Jurassic Coast where you can even have a go at fossil hunting. The footpath takes in tiny fishing villages, rocky headlands, lively resorts and golden surf-washed beaches.

The area is full of interesting flora and fauna. You may even see dolphins and seals if you're lucky.

Walking from Exmouth to Lyme Regis you pass through some idyllic coastal villages with the most rewarding views from clifftops and over the coastline



Why do this walk?

- Walk along the Jurassic Coast, England's first World Heritage Site.
- Spectacular clifftop walking between idyllic sandy beaches.
- Unspoilt countryside with abundant wildlife.
- Explore the history of Devon.
- Stay in delightful seaside towns and old fishing villages.

Essential Info

Length 4 – 5 nights
Full Route Length 30 miles/ 48 km

Grade



Moderate

Grades - This is not a technically difficult walk and should be easy to tackle for most reasonably fit people

Terrain - The paths are good, and there are no major route finding challenges.

What's it like underfoot? Generally good paths and tracks, although a few sections can get muddy after heavy rain.

How much up & down? More than you'd think! Although you never reach more than 400m above sea level (and most of the time not more than 200m) there are many short steep sections. Most days involve ascents of 200-400m metres, although no section is very steep for very long.

Signposting: Good – the path is well waymarked.

Navigation: Pretty straightforward – good signposting, and generally well defined tracks.

Weather: You may be lucky enough to encounter warm, dry weather over the whole route and enjoy dry paths and tremendous views, but you must be prepared because the weather can change quickly. Good clothing and waterproofs are essential, but don't forget you sunhat, sunblock and shorts!

Route

Exmouth to Sidmouth

The start of the Jurassic Coast World Heritage Site. The walk starts at a leisurely pace along the Exmouth

seafront, the longest in Devon, but before long the going gets tougher as you climb to Orcombe Point where the Geoneedle Monument marks the start of the Jurassic Coast. The route is strenuous at times but you are rewarded with beautiful views from the clifftops across to West Down Beacon and over to Brandy Head, not to mention the marvellous sea stacks at Ladram Bay. Budleigh Salterton is almost halfway between Exmouth and Sidmouth and is a great spot for lunch. You leave Budleigh Salterton along the promenade, passing through the saltmarsh habitat of Otter Estuary Nature Reserve before being confronted with two threatening sounding cliffs: Danger Point and Black Head, but don't worry as neither are particularly steep! The trail continues with only one strenuous climb just before you reach Sidmouth

Sidmouth to Beer

Charming fishing villages, wildflowers and clifftops. As you leave Sidmouth, a steep climb up Salcombe Hill Cliff (500ft) offers a taste of what is ahead, with plenty of



ascent and descent as you make your way along the cliffs to Branscombe Mouth. The views back along the South Devon Coast and the red cliffs towards Dorset ahead of you offer ample reward, along with a whole variety of flora and fauna. If you're lucky you might spot a green woodpecker at Lincombe and the wildflowers and butterflies at Weston are a delight. The terrain becomes less strenuous after Branscombe Mouth, passing under Hooken Cliffs before climbing again to Beer Head, with some lovely cliff top walking to finish the day as you approach the quaint fishing village of Beer.

Beer to Lyme Regis

A unique wilderness. This section of the walk has a very different feel to the others on the route. Leaving the pretty fishing village of Beer, the trail leads you to Seaton, a delightful village with a selection of shops to stock up on lunch supplies. After, comes the only real climb on this day's walk onto Haver Cliff before you enter the incredible Undercliffs National Nature Reserve. Formed from landslips, this wooded wilderness is home to an array of

wildlife making it a nature lover's paradise. The terrain can be tricky under foot and the 5 mile stretch can take 3-4 hours to complete as you make the most of the unique surroundings. Leaving the reserve the trail descends into Lyme Regis, often called 'The Pearl of Dorset', with an attractive harbour, shops and restaurants. With rocks from the Jurassic, Triassic and Cretaceous periods exposed, this stretch of the coast is fascinating for anyone interested in geology and there are several museums in Lyme Regis worthy of a visit.

Additional Days

We can arrange extra nights at any of the overnight stops, allowing for rest days, or giving you more time to explore the locality. We recommend Sidmouth and Lyme Regis:

Sidmouth

The famous poet John Betjeman whose work was inspired by Sidmouth once described the town as "A town caught still in a timeless charm". The town itself is a

wonderful place to explore and relax in after a day's walk. Sidmouth lies on the Jurassic Coast and the coastline is dominated by the rich red sandstone cliffs which dates back to the Triassic period.

Lyme Regis

A rest day in Lyme Regis is a must as the scenery is breath-taking in any weather. Its historic Cobb and harbour are iconic to the area. Lyme Regis is home to a number of historical landmarks and education attractions. If you have the time to add a rest day on your holiday Lyme Regis is a great spot to explore!

Getting There and Away

General travel information on the Yorkshire Wolds area will be in your holiday pack including train and bus timetables where available.

Detailed instructions on getting to your first night's accommodation by car, or on foot from the nearest train or bus station, will also be included in the holiday pack on individual accommodation maps.

To view train times please visit



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www.qjump.co.uk where you can also purchase tickets in advance. For information on bus timetables please visit www.traveline.info. If you require secure car parking whilst walking this route, please contact us for information.

Getting There:

By Air: The nearest and most convenient International Airports to the trail are any of the London Airports. Trains run hourly from London Paddington station to Exmouth changing at Exeter St Davids (journey time approx. 3 hours). Alternatively, you may wish to travel via Exeter Airport (direct flights from Europe and connecting flights from several UK airports including London City, Edinburgh, Belfast and Manchester – www.exeter-airport.co.uk/flights-holidays/). There is an hourly shuttlebus from Exeter Airport direct to Exmouth Mon to Sat (Stagecoach South West bus service 56 – journey time approx. 40 min). If travelling on a Sunday, you will need to take a taxi – the taxi desk can be found inside Arrivals (journey time approx. 25 min).

By Public Transport: There is a railway station at Exmouth. Exmouth

western terminus of the Avocet branch line from Exeter St Davids and Exeter Central stations from where there are onward services throughout Devon and Cornwall and further afield to London (Paddington and Waterloo), Birmingham, Leeds and Edinburgh. There is a taxi rank at Exmouth station if needed or local taxi numbers can be found at the back of your services information list. To view train times please visit www.nationalrail.co.uk

By Road: Exmouth is located on the A376 just after Exeter. Leave the M5 motorway at Exeter Junction 30 and follow signs for A376 Exmouth.

Returning from Lyme Regis:

By Public Transport: The nearest railway station to Lyme Regis is Axminster. Axminster Railway Station (AXM) is located on the West of England Mainline from where there are onward services throughout Dorset and Devon and further afield to London (Waterloo), Birmingham, Leeds and Edinburgh. There is a taxi rank at the station if needed or local taxi numbers can be found at the back of your services information list. To view train times please visit www.nationalrail.co.uk

First Dorset bus services X51 and X53 run hourly between Lyme Regis and Axminster daily. For up to date bus timetables, visit www.firstgroup.com/wessex-dorset-south-somerset

By Road: Lyme Regis is located just off the A35 between Honiton and Charmouth. Leave the M5 motorway at Junction 28 (Cullompton) and follow signs for A373 Honiton. On reaching Honiton High Street turn left through the Town Centre then follow signs for the A35 Axminster. Bypassing Axminster, stay on the A35 heading towards Dorchester. Pass through the signs for 'Raymond's Hill' then take the first road on the right (by the Hunters Lodge Inn) signed B3165 Lyme Regis.

How our holidays work

We specialise in self-guided walks because we think it's the best way to really experience local landscapes, cultures and history. You walk under your own steam, at your own pace, safe in the knowledge that we have organised everything, and help is only a phone call away. We book all your accommodation, move your luggage between overnight stops, provide you



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with maps and guidebooks and all the details you need for a successful holiday. You just turn up and walk!

Inbuilt Flexibility

Our holidays are designed to be flexible and can therefore be tailored to suit your requirements. If you're looking for something different, or extra, from the holidays described here, give us a ring and we'll do our best to please.

You can start on any day you like and we can arrange extra nights at any of the overnight stops allowing for rest days, or giving you more time to explore the locality. You can book part of a walk if you don't have the time to complete the entire distance.

How to Book

Once you have decided which holiday you wish to book, please fill in the form at the back of this brochure which can then be emailed, posted or faxed to us. We will get in touch with you once we have received your booking to confirm your holiday details.

Alternatively, you can either book online using our website at

www.mickledore.co.uk or telephone us during office hours.

Accommodation

Good accommodation and friendly hosts are an essential part of any holiday. We understand this and go out of our way to find the best. We put a great deal of effort into hand picking our accommodation and matching it to individual customer requirements. In selecting the accommodation, we look for helpful, friendly hosts with good quality, characterful accommodation close to the trail. For example, over the course of your trip you might stay in a village inn, a bed and breakfast in a converted barn, a Victorian guest house, and on a working farm.

We always try to arrange en suite accommodation, i.e. rooms with their own bathrooms, for each night of your stay. However, in some of the more remote locations accommodation is limited and occasionally we may have to book rooms with shared bathrooms for one or two nights of your holiday, (especially if the booking is made at short notice), but we will always let you know if this is likely to be the case.

What We Provide

All Holidays

Accommodation Overnight Bed and Breakfast accommodation in selected hotels, farmhouses, village inns, guest houses and family B&Bs.

Full English or Continental breakfast.

Guidebook A guidebook with route information, maps, photos and background information.

Information of Services Along the

Route A comprehensive service Info sheet, including services such as cash points, banks, post offices, village shops, inns, cafés and taxis.

Maps 1 waterproof Harvey map covering the whole route.

Personal Itinerary A personal itinerary setting out each overnight stop, including large scale maps of each accommodation, to ensure you find it easily.

Emergency Telephone Support If you get in to difficulties during your holiday, we are always available to help, even out of office hours.

15% discount at Cotswold Outdoors

We will issue you with a 15% Discount Card valid at all Cotswold Outdoor stores, and online, for the whole year on confirmation of your booking.



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Options

Luggage Transport We will transfer your luggage between each overnight stop – leave your luggage at the accommodation when you set off in the morning, it will be moved on to your next B&B. You only need to carry a small day sack with the clothes and provisions you require during the day's walk. We ask you to limit your luggage to one bag per person, up to 18kg.

Packed Lunches Provided for each day's walking and recommended on this holiday as there will not always be a handy shop or café on the route.

Off Road Parking If you are travelling by car we can usually arrange off road parking for the duration of your trip. (There may be a small charge for this).

Arrangement of return transport We can also arrange your transfer back to your car, (or advise you when public transport is a better option!)

What's not included

Evening Meals Your evening meal isn't included in the package, but we include full details and recommendations for each evening meal in your itinerary. You will

normally be within walking distance of a pub and/or restaurant, or where there is good food available at the accommodation, we'll book that for you. Allow about £20.00 per night.

Transport to the start & away from the finish Taxi or bus transport if you need to miss a stage (but we'll help you organise it if you need help)

Travel Insurance Even if you are based in the UK travel insurance is worth having.

Prices

Detailed prices for all our holidays are available on the website.
www.mickledore.co.uk

About Mickledore

Mickledore Travel is based in Keswick at the heart of the English Lake District. We are one of the leading specialists in self-guided walking and cycling holidays in the UK, and provide a friendly, professional and flexible service.

We are walkers and cyclists ourselves, so it really matters to us that you have a good holiday. We are still a Mickledore Travel is based in Keswick at the heart of the English Lake

District. We are one of the leading specialists in self-guided walking and cycling holidays in the UK, and provide a friendly, professional and flexible service.

We are walkers and cyclists ourselves, so it really matters to us that you have a good holiday. We are still a small business, with a lot of local knowledge, and personal enthusiasm for the outdoors. If you've got any queries, we're always happy to help, so don't hesitate to pick up the phone or drop us an email, or call in and see us if you're in Keswick.

We specialise in UK holidays, and by concentrating on what we consider the best routes, we get to know the trails, accommodation, and local area intimately.

- All your accommodation has been carefully selected and is regularly monitored.
- We listen to you and tailor each holiday to meet your requirements.
- We have an excellent level of customer service. We have 15 years' experience, and very high levels of customer satisfaction.
- Peace of mind – help is only ever a telephone call away.
- We're all outdoor enthusiasts – we know what makes a good holiday, and we want you to have one!



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- We're all outdoor enthusiasts – we know what makes a good holiday, and we want you to have one!
- 15% discount card for all your outdoor equipment purchases from Cotswold Outdoors.
- 100% financial protection – in the very unlikely event of Mickledore's financial failure, you receive a full refund.

Financial Protection

Your payments are fully protected against our financial failure. We are members of the Association of Independent Tour Operators (AITO), and the Association of British Travel Agents (ABTA). We have arranged bonding through ABTA. This means that in the unlikely event of our financial failure, any monies you have paid to us will be refunded. This bonding is fully compliant with the Package Travel Regulations and provides 100% financial protection.

AITO Quality Statement

Mickledore Travel is a member of the Association of Independent Tour Operators. The Association represents Britain's leading independent tour operators. It promotes high levels of professionalism and a shared concern for quality and personal service. The Association encourages the highest standards in all aspects of tour operating.

Mickledore Travel abides by AITO's Code of Conduct and adheres to the Quality Charter which can be viewed at www.aito.com. Visit the website to find out more about the Association or call 020 8744 9280.



Our Itineraries

Turn over for our Booking form →

The South Devon Coast Path: Exmouth to Lyme Regis – 30 miles/ 48 km

Exmouth to Lyme Regis in 3 days Walking Code: DSE4				Exmouth to Lyme Regis in 4 days Walking Code: DSE5			
		Mile	km		Mile	km	
Day 1	Travel to Exmouth for your first nights accommodation			Travel to Exmouth for your first nights accommodation			
Day 2	Exmouth to Sidmouth	12	20	Exmouth to Budleigh Salterton	6	9	
Day 3	Sidmouth to Beer	9	14	Budleigh Salterton to Sidmouth	7	11	
Day 4	Beer to Lyme Regis	8	14	Sidmouth to Beer	9	14	
Day 5	Depart from Lyme Regis after breakfast			Beer to Lyme Regis	8	14	
Day 6				Depart from Lyme Regis after breakfast			



Mickledore - Walking Holidays to Remember





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Booking Form

Contact Details

Address: _____

Telephone: _____

Mobile / Alternative Tel: _____

Email: _____

Emergency Contact No: _____

Your Holiday

Holiday Name: _____

Holiday Code: _____

(Hadrian's Wall: Add an 'R' if starting in the West)

Date of First Night: _____

Date of Last Night: _____

Party Members

Name	Age	Relationship	Room

Facility	Quantity	Facility	Quantity
Luggage Transport	<input type="text"/>	No. Double Rooms	<input type="text"/>
Packed Lunches	<input type="text"/>	No. Twin rooms	<input type="text"/>
Off Street Parking (there is normally a charge for this)	<input type="text"/>	No. Single Rooms	<input type="text"/>
Transfer required (additional charge)	<input type="text"/>	No. Triple Rooms (Double & Single)	<input type="text"/>

Comments (special diets, other requirements, etc): _____

Payment

Holiday cost per person	<input type="text"/>	I enclose a cheque for the deposit value (GBP only, made payable to Mickledore Travel)	<input type="checkbox"/>
Rest Days	<input type="text"/>	I would like to pay by card (we will contact you to arrange this).	<input type="checkbox"/>
Total cost per person	<input type="text"/>	I would like to pay by bank transfer (we will contact you to arrange this).	<input type="checkbox"/>
Number in group	<input type="text"/>		
Total group cost	<input type="text"/>		
Deposit (20% of Total Cost)	<input type="text"/>		
Single and solo supplements will be added where applicable.			

I confirm that the above details are correct and that I have read the terms and conditions available on the website.

Signed _____ Date _____

Name _____

How did you hear about Mickledore Travel: _____