

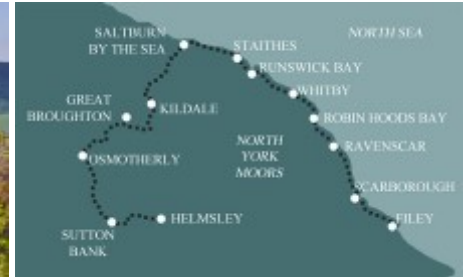


Walking Holidays in Britain's most Beautiful Landscapes

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Cleveland Way

The Cleveland Way, established in 1969, is both an interesting and a beautiful path. It stretches for over 100 miles from Helmsley, on the southern edge of the North York Moors National Park, to Filey on the east coast.

The way passes through two very distinct types of landscape. From Helmsley to Saltburn-by-the-Sea, it traverses classic moorland scenery, through forests and along escarpments, rewarding you with panoramic views over the Cleveland Hills and the rest of the National Park.

In the beautiful Rye Valley you can marvel at the ruins of Helmsley Castle and the medieval Rievaulx Abbey. Ahead of Sutton Bank take time to view the magnificent Kilburn White Horse. Roseberry Topping, often referred to as the Yorkshire Matterhorn is a wonderful viewpoint. Despite its relatively low height of 1000 feet it is a tremendous place from which to survey the land around you.

The other half of the route, from Saltburn-by-the-Sea to Filey, follows a dramatic coastline and runs along the top of some of the highest sea cliffs in the country. Whitby, with its fine harbour, fossil filled cliffs and connections with Bram Stoker's Dracula is a favourite of many and a visit to the imposing remains of Whitby Abbey is a must. Robin Hood's Bay, the end point of the Coast to Coast and the seaside towns of Scarborough and Filey complete your coastal journey.

The combination of wild moorland and dramatic coastline make the Cleveland Way an incredibly varied, thoroughly enjoyable and hugely rewarding experience.



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Summary

Why do this walk?

- Brilliant panoramas over the surrounding countryside as you traverse the edge of the North York Moors.
- Characterful fishing villages set in deep coves dotted along the coast.
- Dramatic cliff top walking with views over the North Sea.
- Historic Whitby, home of Captain Cook, with its Abbey and harbour.
- Beautiful beaches.

Essential Info

Length	6 - 12 nights
Full Route Length	107 miles / 172 km
Shortest Break Length	54 miles / 86 km

Grade

Moderate



The route covers rolling countryside and moorlands, but not mountains. If you are a regular walker this route should be within your capability.

Terrain: A walk of two halves – the North York Moors are rolling, sometimes

remote, and up to 300m/1000ft high. The coastal path follows the cliffs with frequent descents to coves and beaches.

What's it like underfoot? On the whole the paths are well defined and maintained, but at times it can be rough underfoot with some muddy paths, so good footwear is essential.

How Much Up & Down? There are climbs of up to 300m some of which can be quite steep, through the Moors section, and short, sometimes steep climbs from sea level along the coast.

Signposting: Generally good.

Navigation: Pretty straightforward, but you may encounter hill fog or low cloud on the North York Moors, so make sure you can navigate.

Route

Helmsley - Osmotherley: Along the eastern edge of the moors

The first section of the Cleveland Way provides an easy woodland walk across the beautiful landscape of the Rye Valley, passing the ruins of Helmsley Castle and the medieval Rievaulx Abbey. The walk then rises gently to the flat limestone plateaux of the Tabular Hills. It is also worth allowing time to visit the Kilburn White Horse, just before Sutton Bank.

From Sutton Bank the walk follows the western edge of the Hambleton Hills, overlooking the Vale of York. The views from Sutton Bank are breathtaking. Following old drovers' roads, the route passes the idyllic setting of Oakdale's reservoirs, en route to Osmotherley.

Osmotherley - Kildale: Across the top of the North York Moors

This is the most strenuous section of the trail, as the trail follows the northern escarpment of the moors, broken by a series of valleys cutting into the uplands. The views are stunning over the coastal plain to the North and across the bleak moorland and deep valleys to the South.

After Clay Bank Top a steep climb leads up to Round Hill, the highest point on the route, where more magnificent views can be enjoyed. The route then descends gradually to Kildale, studded with signs of the past - waymarkers, boundary stones and burial mounds.

Kildale - Saltburn-by-the-Sea: Roseberry Topping and on to the Sea

The first part of the walk is dominated by an ascent of Easby Moor, to Captain Cook's Monument, and then the iconic Roseberry Topping. Although only 1000ft (300m) high, this distinctive conical hill is prominent in the landscape. From the top the views are excellent. Gentler farmland,



woodland and a riverside path lead onto the coast at Saltburn-by-the-Sea.

Saltburn-by-the-Sea - Robin Hood's Bay

From here on the route hugs the coastline, through historic fishing villages, over high cliffs and along windswept beaches. From Saltburn the route heads along a section of dramatic cliffs to the highest point on the east coast of England at Rock Cliff. This route takes you down to sea level on three occasions and through the pretty villages of Staithes and Runswick Bay, ending at the fishing village of Sandsend.

Cliff paths, or if the tide's out, several miles along the beach, lead on to Whitby, with its fine harbour, fossil filled cliffs and old town. A visit must be made to the imposing remains of Whitby Abbey high above the town.

Whitby and Robin Hood's Bay are separated by an easy cliff top walk with great views along the coastline and over the North Sea.

Robin Hood's Bay - Filey

Between Robin Hood's Bay and Scarborough the route passes through ever-changing scenery, with the Flyingdales Moor to the west and the North Sea to the east. There are three steep descents and ascents along this



path, where the sea interrupts the cliff top walk.

The arrival into the seaside town of Scarborough will provide you with another type of scenery, with its grand beaches, swish hotels and traditional seaside entertainment!

On leaving Scarborough, notice the vibrant colours from the South Cliff as you make your way to the final cliff top trail. The view of continuous coastal cliffs continues from Cayton Bay until your final destination, Filey.

Additional Days

Robin Hood's Bay

This picturesque village is a hidden gem on the East Yorkshire Coast consisting of a maze of tiny streets with individual shops, cafes and pubs and a tradition of smuggling - there is reputed to be a network of subterranean passageways linking the houses. During the late 18th century smuggling was rife on the Yorkshire coast. The rocks of Robin Hood's Bay play host to a wealth of Jurassic history and fossilling is a wonderful activity for people of all ages along the huge, unspoilt beach. Likewise, the thrill of finding your first crab or starfish in a rock pool is equally as pleasurable.

Whitby

Great beaches, great fossil hunting under the cliffs, the historic abbey sitting atop the cliffs, and the old fishing harbour make Whitby worthy of an extra day. The old town, with its narrow streets and Dracula associations, contrast with the brasher seaside resort across the harbour. The Magpie Restaurant's fish and chips are reputed to be the best in Britain!

Getting There and Away

Detailed instructions on getting to your first night's accommodation by car, or on foot from the nearest train or bus station, will also be included in the holiday pack on individual accommodation maps.

Getting There:

By Air: The nearest International Airport is Leeds Bradford (LBA) You can then travel by train to Malton (journey time 55 mins approx) and then bus to Helmsley (16 miles). You can also fly to Newcastle (NCL) or Manchester (MAN) - from either of these airports you can take the train to Thirsk, and then bus to Helmsley.

By Public Transport: The nearest train stations are Malton or Thirsk. You then travel by bus to Helmsley.

By Road: Helmsley lies on the A170 (Thirsk to Scarborough Road) 14 miles



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east of Thirsk, and 13 miles west of Pickering. It is also at the end of B1257.

Returning from Filey:

There is a Railway Station in Filey, with regular services to Scarborough, York, and the rest of the network. London Kings Cross, and Manchester, and Newcastle all take 3 – 4 hours..

How our holidays work

We specialise in self guided walks because we think it's the best way to really experience local landscapes, cultures & history. You walk under your own steam, at your own pace, safe in the knowledge that we have organised everything, and help is only a phone call away. We book all your accommodation, move your luggage between overnight stops, provide you with maps and guidebooks, and all the details you need for a successful holiday. You just turn up and walk!

Inbuilt flexibility

Our holidays are designed to be flexible and can therefore be tailored to suit your requirements. If you're looking for something different, or extra, from the holidays described here, give us a ring and we'll do our best to please!

You can start on any day you like. We can arrange extra nights at any of the overnight stops, allowing for rest days or giving you more time to explore the locality. Or you can book part of a walk if you don't have the time to complete the entire distance.

How to Book

Once you have decided which holiday you wish to book, please fill in the form at the back of this brochure and either post or email it to us. We will get in touch with you shortly afterwards to confirm your holiday details.

Alternatively you can book on our website mickledore.co.uk, or telephone us in office hours.



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Accommodation

Good accommodation and friendly hosts are an essential part of any holiday. We make a special effort to find the hidden gems, as well as keeping a close eye on the quality of the more mainstream accommodation.

As well as visiting the accommodation ourselves, we ask all our customers to complete a short evaluation on each night's accommodation, which then gives us an insight in to the day-to-day operation, and lets us spot any potential issues before they become a problem.

The Cleveland Way includes a great variety of accommodation, including small country hotels, guest houses, bed and breakfasts, farm house accommodation, and Victorian town houses. Occasionally we may use a chain hotel. In selecting the accommodation we look for helpful, friendly hosts with good quality, characterful accommodation close to the trail.

Single Rooms

We are happy to book single rooms on this walk at a supplement, but can't normally book more than two single rooms for any one group.

What We Provide

All Holidays

Accommodation Overnight Bed and Breakfast accommodation in selected hotels, farmhouses, village inns, guest houses and family B&Bs including a Full English or Continental breakfast.

Guidebook A guidebook with route information, maps, photos and background information.

Information of Services Along the Route

A comprehensive Service Info sheet, including services such as cash points, banks, post offices, village shops, inns, cafes and taxis.

Maps Three waterproof 1:25000 OS maps covering the whole route.

Personal Itinerary A personal itinerary setting out each overnight stop, including large scale maps of each accommodation, to ensure you find it easily.

Emergency Telephone Support If you get in to difficulties during your holiday, we are always available to help, even out of office hours.

12.5% discount at Cotswold Outdoors We will issue you with a 12.5% Discount Card valid at all Cotswold Outdoor stores, and online, for the whole year on confirmation of your booking.

Options

Luggage Transport We will transfer your luggage between each overnight stop – leave your luggage at the accommodation when you set off in the morning, it will be moved on to your next B&B. You only need to carry a small day sack with the clothes and provisions you require during the day's walk. We ask you to limit your luggage to one bag per person, up to 18kg.

Packed Lunches Provided for each day's walking and recommended on this holiday as there will not always be a handy shop or cafe on the route.

Off Road Parking If you are travelling by car we can usually arrange off road parking for the duration of your trip. (There may be a small charge for this).



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Arrangement of return transport We can also arrange your transfer back to your car, (or advise you when public transport is a better option)!

What's not Included

Evening Meals Your evening meal isn't included in the package, but we include full details and recommendations for each evening meal in your itinerary. You will normally be within walking distance of a pub and/ or restaurant, or where there is good food available at the accommodation, we'll book that for you. Allow about £30.00 per night.

Transport to the Start & Away from the Finish

Taxi or Bus transport if you need to miss a stage (but we'll help you organise it if you need help)

Travel Insurance Even if you are based in the UK travel insurance is worth having.

Prices

Detailed prices for all our holidays are available on the website mickledore.co.uk.

About Mickledore

Mickledore Travel is based in Keswick at the heart of the English Lake District. We are one of the leading specialists in self

guided walking and cycling holidays in the UK, and provide a friendly, professional and flexible service.

We are walkers and cyclists ourselves, so it really matters to us that you have a good holiday. We are still a small business, with a lot of local knowledge, and personal enthusiasm for the outdoors. If you've got any queries, we're always happy to help, so don't hesitate to pick up the phone or drop us an email, or call in and see us if you're in Keswick.

We specialise in UK holidays, and by concentrating on what we consider the best routes, we get to know the trails, accommodation, and local area intimately.

- All your accommodation has been carefully selected and is regularly monitored.
- We listen to you and tailor each holiday to meet your requirements.
- We have an excellent level of customer service.
- We have 15 years experience, and very high levels of customer satisfaction.
- Peace of mind – help is only ever a telephone call away.
- We are all outdoor enthusiasts – we know what makes a good holiday, and we want you to have one!
- 15% discount card for all your outdoor equipment purchases from Cotswold Outdoors.
- 100% financial protection – in the very

unlikely event of Mickledore's financial failure, you receive a full refund.

Book With Confidence

Financial Protection

Your payments are fully protected against our financial failure. We are members of the Association of Independent Tour Operators (AITO), and have arranged bonding through ABTA. This means that in the unlikely event of our financial failure, any monies you have paid to us will be refunded. This bonding is fully compliant with the Package Travel Regulations and provides 100% financial protection.

AITO Quality Statement

Mickledore Travel is a member of the Association of Independent Tour Operators. The Association represents Britain's leading independent tour operators. It promotes high levels of professionalism and a shared concern for quality and personal service. The Association encourages the highest standards in all aspects of tour operating.

Mickledore Travel abides by AITO's Code of Conduct and adheres to the Quality Charter which can be viewed at aito.com. Visit the website to find out more about the Association or call 020 8744 9280.



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Client Feedback

We're proud of our reputation for quality holidays on the Cleveland Way. There are plenty of customer reviews on our Website but here are a couple of comments to give you a flavour:

We were very impressed in all the B&B's - everybody was friendly, the packed lunches were all very complete, there was not one B&B that wasn't good. We had great breakfasts. We really want to give you our compliments for composing such a

personal travelling program and finding such nice B&B's.

Nicolet Kamps, Ooy Netherlands

Loved this walk, it was one of our favourites. Thanks Mickledore for excellent organisation, and I have recommended to other walkers. Thank you for another great holiday.

Patricia Foxton, London UK

All arrangements and planning responses were handled effectively and efficiently. Accommodation and baggage transfer all excellent and all went to plan. Very useful information provided about places to eat and where shops etc were located. Thanks for a great holiday we really enjoyed it.

Andrew & Christine Snell, Wiltshire UK



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The Whole Cleveland Way Path

Helmsley to Filey in 7 Days Walking Code: CL8				Helmsley to Filey in 9 Days Walking Code: CL10				Helmsley to Filey in 11 Days Walking Code: CL12			
		M	km		M	km		M	km		
Day 1	Travel to Helmsley for your first night of accommodation			Travel to Helmsley for your first night of accommodation			Travel to Helmsley for your first night of accommodation				
Day 2	Helmsley to Osmotherley	21	34	Helmsley to Kilburn	11	18	Helmsley to Kilburn	11	18		
Day 3	Osmotherley to Great Broughton	11	18	Kilburn to Osmotherley	13	21	Kilburn to Osmotherley	13	21		
Day 4	Great Broughton to Guisborough	20	32	Osmotherley to Great Broughton	11	18	Osmotherley to Great Broughton	11	18		
Day 5	Guisborough to Runswick Bay	16	26	Great Broughton to Great Ayton	12	19	Great Broughton to Great Ayton	12	19		
Day 6	Runswick Bay to Robin Hood's Bay	14	23	Great Ayton to Saltburn-By-The-Sea	13	21	Great Ayton to Guisborough	9	14		
Day 7	Robin Hood's Bay to Scarborough	14	23	Saltburn-By-The-Sea to Runswick Bay	12	19	Guisborough to Saltburn-By-The-Sea	6	10		
Day 8	Scarborough to Filey	11	18	Runswick Bay to Robin Hood's Bay	14	23	Saltburn-By-The-Sea to Runswick Bay	12	19		
Day 9	Depart from Filey after breakfast			Robin Hood's Bay to Scarborough	14	23	Runswick Bay to Whitby	8	13		
Day 10				Scarborough to Filey	11	18	Whitby to Ravenscar	10	16		
Day 11				Depart from Filey after breakfast			Ravenscar to Scarborough	10	16		
Day 12							Scarborough to Filey	11	18		
Day 13							Depart from Filey after breakfast				



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Cleveland Way: The Moorland Highlights

Helmsley to Saltburn-by-the-Sea in 5 Days Walking Code: CLM6

		miles	Km
Day 1	Travel to Helmsley for your first night of accommodation		
Day 2	Helmsley to Kilburn	11	18
Day 3	Kilburn to Osmotherley	13	21
Day 4	Osmotherley to Great Broughton	11	18
Day 5	Great Broughton to Great Ayton	12	19
Day 6	Great Ayton to Saltburn-By-The-Sea	13	21
Day 7	Depart from Saltburn after breakfast		

Cleveland Way: The Coastal Highlights

Saltburn-by-the-Sea to Filey in 5 Days Walking Code: CLC6

		miles	Km
Day 1	Travel to Saltburn-By-The-Sea for your first night of accommodation		
Day 2	Saltburn-By-The-Sea to Runswick Bay	12	19
Day 3	Runswick Bay to Whitby	8	13
Day 4	Whitby to Robin Hood's Bay	7	11
Day 5	Robin Hood's Bay to Scarborough	14	23
Day 6	Scarborough to Filey	11	18
Day 7	Depart from Filey after breakfast		



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Cleveland Way: The Combined Highlights

Osmotherley to Robin Hood's Bay in 5 Days Walking Code: CLJ6

		miles	Km
Day 1	Travel to Osmotherley for your first night of accommodation		
Day 2	Osmotherley to Great Broughton	11	18
Day 3	Great Broughton to Great Ayton	12	19
Day 4	Great Ayton to Saltburn-By-The-Sea	13	21
Day 5	Saltburn-By-The-Sea to Runswick Bay	12	19
Day 6	Runswick Bay to Robin Hood's Bay	14	23
Day 7	Depart from Robin Hood's Bay after breakfast.		



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Booking Form

Contact Details

Address:

Telephone: Mobile / Alternative Tel:

Email: Emergency Contact No:

Your Holiday

Holiday Name: Holiday Code: (Hadrian's Wall: Add an "R" if starting in the West)

Date of First Night: Date of Last Night:

Party Members

Title	First Name	Last Name	Date of Birth

Options	Rooms Required:	Rest Days (give date & location)
Luggage Transport <input type="text"/>	No. Double Rooms <input type="text"/>	
Packed Lunches <input type="text"/>	No. Twin rooms <input type="text"/>	
Off Street Parking (there is normally a charge for this) <input type="text"/>	No. Single Rooms <input type="text"/>	
Transfer required (additional charge) <input type="text"/>	No. Triple Rooms (Double & Single) <input type="text"/>	

Comments (special diets, other requirements, etc):

Payment

Holiday cost per person <input type="text"/>	I enclose a cheque for the deposit value (made payable to Mickledore Travel Ltd)
Rest Days <input type="text"/>	OR please debit my Visa/Visa Debit/Mastercard/Mastercard Debit/Solo (delete as appropriate)
Total cost per person <input type="text"/>	Card number:
Number in group <input type="text"/>	Valid from: Expires: Security number*:
Total group cost <input type="text"/>	*The last 3 digits on the back of the card
Deposit (20% of Total Cost) <input type="text"/>	I authorise Mickledore Travel to charge a 20% deposit to my card now and the remaining balance 6 weeks before commencement of my holiday, (for card payments only).
Single and solo supplements will be added where applicable.	I confirm that the above details are correct and that I have read and accept the terms and conditions available on the website.
	Signed: Date:
	Name:

2% charge for credit cards, no charge for debit cards

How did you hear about Mickledore Travel: