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Arran Coastal Way

The Arran Coastal Way takes you on an anti-clockwise journey around the coastline of Arran, one of the most beautiful Scottish Islands. Explore remote beaches as you make your way between the small coastal villages.

For such a small island, Arran has a great variety of landscapes and geology – the north is dominated by craggy mountains, whilst the south is characterised by rolling lowlands and forests. There's wildlife aplenty, with red deer and red squirrels, golden eagles above, and basking sharks out to sea.

You can also include an ascent of Goat Fell, the highest fell on the island, if you are feeling more adventurous.







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Summary

Why do this walk?

- Experience 'Scotland in miniature' with Highland fells in the north and undulating Lowlands in the South, as well as secluded sandy beaches around the island.
- On the route you pass areas of great geological importance (Hutton's Unconformity), a wide variety of wildlife including red deer, golden eagles and basking sharks as well as areas of historical significance (Droon Fort and King's Cave).

Essential Info

Length
Full Route Length
Shortest Break Length

4 - 9 nights 67 miles / 108 km 32 miles / 51 km

Grade





Moderate to Challenging

There are several rocky

sections along this route which should be easy enough to tackle for most reasonably fit people. Goat Fell has a sheer drop on one side on the descent and a river crossing via stepping stones, this can be avoided in bad weather or for people with vertigo by taking the low route. The paths along the shore are not always clear but as the route follows the coast it is hard to get lost. As some sections are impassable at high tide it is

important to check the tides before setting off. **Terrain:** A coastal path with a mostly rocky shoreline, some road sections (not very busy) and forest tracks. Depending on the tide the route can be sandy or shingly with some boulder fields that are slow going and can be tiring. Consider an itinerary with shorter days than you would normally choose to allow for this.

What's it like underfoot? A mixture of road, rocky shoreline (which can be slippery after high tide or in wet weather) forest tracks and some constructed paths. A few sections may be muddy after heavy rain

How Much Up & Down? Mostly flat, apart from the Goat Fell option which involves a climb of 874 meters (there is a get out at 630 meters). The alternative forest route between Lagg and Whiting Bay rises up to 250 meters.

Signposting: There is little signposting on the route.

Navigation: A compass is required if you do the Goat Fell section – the map is sufficient for the coastal paths.

Route

Brodick to Corrie

After a brief walk along the main road in Brodick

you then walk along the beach, cutting through the golf course, before picking up the road again at Strabane. Follow the main road north until you reach Cladach where the outdoor shop is located in case you need any last minute purchases before hitting the trail. After a short climb from Cladach you have the choice of continuing on up Goat Fell, or a more leisurely walk through the forest. The forest trail saves about 1.5 miles and 1600 feet of climbing and is therefore suitable for those wanting a less strenuous walk, or in bad weather (the path up Goat Fell is not signposted). We also recommend the forest trail for those walking from Brodick to Lochranza in one day. Both trails take you back to the coast road and into Corrie.

Corrie to Lochranza

Leaving Corrie it is a short walk to Sannox. From Sannox cross over the stepping stones at Sannox Burn and continue along the beach – looking out for dolphins and basking sharks! If the tide is out you can cross the stream at the north end of the beach to access the picnic site, or head up the bank of the stream to cross at the bridge if the burn is impassable on the beach. From the picnic site continue around the coast passing Fallen Rocks, Laggan Harbour, The Cock of Arran, and Scriodan Rock Fall. The Coastal Way Project has recently improved the path through Scriodan Rock Fall making it much easier to negotiate, especially in wet weather. The path then leads around to







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Lochranza passing Hutton's Unconformity to the north of Newtown Point. There is also an escape route from Laggan Cottage just after Laggan Harbour.

Lochranza to Pirnmill

Upon leaving Lochranza on the coast road immediately head up the track leading to the cliff tops overlooking the north shore and follow the trail to Catacol. This section has recently been upgraded by the Arran Coastal Way team. From Catacol follow the road as it swings southwards towards Pirnmill.

Pirnmill to Blackwaterfoot

After Pirnmill follow the rocky shoreline to the south side of Imachar brae where you re-join the road heading south toward Machrie. As you head out of Machrie eventually pass King's Cave where, it is believed, Robert the Bruce stayed en route to taking the Scottish crown in 1314.

The path then continues south past Doon Fort, a 2000 year old Iron Age fort, before heading into Blackwaterfoot.

Blackwaterfoot to Lagg

Leaving Blackwaterfoot the path heads south along the shore past the Preaching Cave. A stretch of road walking follows, returning to the shore for a brief section before reaching Lagg/ Kilmory.

Avoids Cleat's Shore – Scotland's only naturist

beach!

Lagg to Whiting Bay

You have various options to get from Lagg to Whiting Bay which are dependent on the tide and your ability.

From Lagg you continue along the beach until you reach a boulder field and then Black Cave at Bennan Head. This section is not passable at high tide and there is an alternate road route if the tide is high or you wish to avoid the boulder field. The route continues along the shore to Kildonan where you may be lucky enough to spot seals and otters.

For those who did not find the boulders at Black Cave challenging enough, and if the tide is in your favour, the route then proceeds through another boulder field around Dippen Head and Largybeg Point before an easier walk into Whiting Bay.

Whiting Bay to Lamlash

The main trail heads inland at the southern end of Whiting Bay and heads towards Glenashdale Falls. The trail then leads past another Iron Age fort and then continues along the Kilmory-Lamlash cycle track.

The alternate route takes you through Whiting Bay and around Kingscross Point (passable at low tide) past an Iron Age Hill Fort and Viking Grave.

Lamlash – Brodick

After Lamlash you continue along the shore past Clauchlands Point and on to Corriegills Point where you head inland up one last climb before you join the road leading into Brodick.

Additional Days

Brodick

Brodick is the capital of Arran, centered round the ferry port and beach. Visit the castle and gardens, have a tour of the brewery, or visit the Isle of Arran Heritage museum. If the weather's good, have a well earned day off on the beach, or have a round of golf! There is a great walk up Goat Fell, the highest mountain on the island, with stunning views of the surrounding mountains, and across the sea, from the summit.

Lochranza

A rest day in Lochranza could be spent exploring the ruin of Lochranza Castle, spotting seals on the shores of the loch, visiting the Arran whisky distillery, or even playing a round of golf.

Getting There and Away

Detailed instructions on getting to your first night's accommodation by car, or on foot from the nearest train or bus station, will also be included in the holiday pack on individual accommodation maps.

Getting There:

By Air: Glasgow Airport (GLA) then on arrival take







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a short taxi ride to Paisley Gilmore Street (PYG) railway station. Change at Glasgow Central for Ardrossan ferry terminal.

Air travel via Prestwick Airport (PIK) is another option and here you take a train from the airport to Kilwinning (KWN) railway station. Then change at Kilwinning and catch the train to Ardrossan ferry terminal.

By Public Transport: Head to Glasgow Central (GLC) via the West Coast Maine Line then onto Ardrossan Harbour (ADS) to get the ferry.

By Road: M6 northbound – at Gretna A74(M) to Abingdon, M74 to Glasgow – M8 until Glasgow Airport then A737 then follow signs to Ardrossan. Then ferry to Arran, if you are leaving your car at Ardrossan parking charges apply.

By Ferry: Ardrossan – Caledonian MacBrayne ferries – crossing take 1 hour. If you are bringing your car to Arran then you need to book ahead. Call CalMac on 0800 066 5000

Returning:

Ferry: Ardrossan – Caledonian MacBrayne ferries – crossing take 1 hour.

By Public Transport: There is a train station at Ardrossan ferry terminal with regular trains to Glasgow.

How our holidays work

We specialise in self guided walks because we think it's the best way to really experience local landscapes, cultures & history. You walk under your own steam, at your own pace, safe in the knowledge that we have organised everything, and help is only a phone call away. We book all you accommodation, move your luggage between overnight stops, provide you with maps and guidebooks, and all the details you need for a successful holiday. You just turn up and walk!

Inbuilt flexibility

Our holidays are designed to be flexible and can therefore be tailored to suit your requirements. If you're looking for something different, or extra, from the holidays described here, give us a ring and we'll do our best to please!

You can start on any day you like. We can arrange extra nights at any of the overnight stops, allowing for rest days or giving you more time to explore the locality. Or you can book part of a walk if you don't have the time to complete the entire distance.

How to Book

Once you have decided which holiday you wish to book, please fill in the form at the back of this brochure and either post or fax it to us. We will get in touch with you shortly afterwards to confirm your holiday details.

Alternatively you can book on our website – www.mickledore.co.uk , or telephone us in office hours.

Accommodation

Good accommodation and friendly hosts are an essential part of any holiday. We make a special effort to find the hidden gems, as well as keeping a close eye on the quality of the more mainstream accommodation.

As well as visiting the accommodation ourselves, we ask all our customers to complete a short evaluation on each night's accommodation, which then gives us an insight in to the day-to-day operation, and lets us spot any potential issues before they become a problem. We have three former Keswick guest house owners on the staff – so we know the industry well.

We have a variety of accommodation on Arran, including small country house hotels, guest houses, bed and breakfasts and farm house accommodation. In selecting the accommodation we look for helpful, friendly hosts with good quality, characterful accommodation close to the trail.

Single Rooms

We are happy to book single rooms on this walk at a supplement, but can't normally book more than 2 single rooms for any 1 group.







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What We Provide

All Holidays

Accommodation Overnight Bed and Breakfast accommodation in selected hotels, farmhouses, village inns, guest houses and family B&Bs. Full English or Continental breakfast.

Guidebook A guidebook with route information, maps, photos and background information.

Information of Services Along the Route

A comprehensive Service Info sheet, including services such as cash points, banks, post offices, village shops, inns, cafes and taxis.

Maps 2 waterproof 1:40000 maps from Harvey Maps covering the whole route.

Personal Itinerary A personal itinerary setting out each overnight stop, including large scale maps of each accommodation, to ensure you find it easily.

Emergency Telephone Support If you get in to difficulties during your holiday, we are always available to help, even out of office hours.

15% discount at Cotswold Outdoors We will issue you with a 15% Discount Card valid at all Cotswold Outdoor stores, and online, for the whole year on confirmation of your booking.

Options

Luggage Transport We will transfer your luggage between each overnight stop – leave your luggage at the accommodation when you set off in the morning, it will be moved on to your

next B&B. You only need to carry a small day sack with the clothes and provisions you require during the day's walk. We ask you to limit your luggage to one bag per person, up to 18kg.

Packed Lunches Provided for each day's walking and recommended on this holiday as there will not always be a handy shop or cafe on the route.

Off Road Parking If you are travelling by car we can usually arrange off road parking for the duration of your trip. (There may be a small charge for this).

Arrangement of return transport We can also arrange your transfer back to your car, (or advise you when public transport is a better option)!

What's not Included

Evening Meals Your evening meal isn't included in the package, but we include full details and recommendations for each evening meal in your itinerary. You will normally be within walking distance of a pub and/ or restaurant, or where there is good food available at the accommodation, we'll book that for you. Allow about £20.00 per night.

Transport to the Start & Away from the Finish

Taxi or Bus transport if you need to miss a stage (but we'll help you organise it if you need help)

Travel Insurance Even if you are based in the UK travel insurance is worth having.

Prices

Detailed prices for all our holidays are available on the website www.mickledore.co.uk.

About Mickledore

Mickledore Travel is based in Keswick at the heart of the English Lake District. We are one of the leading specialists in self guided walking and cycling holidays in the UK, and provide a friendly, professional and flexible service.

We are walkers and cyclists ourselves, so it really matters to us that you have a good holiday. We are still a small business, with a lot of local knowledge, and personal enthusiasm for the outdoors. If you've got any queries, we're always happy to help, so don't hesitate to pick up the phone or drop us an email, or call in and see us if you're in Keswick.

We specialise in UK holidays, and by concentrating on what we consider the best routes, we get to know the trails, accommodation, and local area intimately.

- All your accommodation has been carefully selected and is regularly monitored.
- We listen to you and tailor each holiday to meet your requirements.
- We have an excellent level of customer service.







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- We have 15 years experience, and very high levels of customer satisfaction.
- Peace of mind help is only ever a telephone call away.
- We're all outdoor enthusiasts we know what makes a good holiday, and we want you to have one!
- 15% discount card for all your outdoor equipment purchases from Cotswold Outdoors.
- 100% financial protection in the very unlikely event of Mickledore's financial failure, you receive a full refund.

Book With Confidence

Financial Protection

Your payments are fully protected against our financial failure. We are members of the Association of Independent Tour Operators (AITO), and the Association of British Travel Agents (ABTA). We have arranged bonding through ABTA. This means that in the unlikely event of our financial failure, any monies you have paid to us will be refunded. This bonding is fully compliant with the Package Travel Regulations and provides 100% financial protection.

AITO Quality Statement

Mickledore Travel is a member of the Association of Independent Tour Operators. The Association represents Britain's leading independent tour operators. It promotes high levels of professionalism and a shared concern for quality and personal service. The Association encourages the highest standards in all aspects of tour

Mickledore Travel abides by AITO's Code of Conduct and adheres to the Quality Charter which can be viewed at www.aito.com. Visit the website to find out more about the Association or call 020 8744 9280.

Brilliant again. We have recommended you to several people en route.

Martin Wood, Yorkshire UK

We had a great few days walking, made all the better by excellent organisation. Thank you.

Claire Silver, Brentwood UK



Client Feedback

We're proud of our reputation for quality holidays on the Arran Coastal Way. There are plenty of customer reviews on our Website but here are a couple of comments to give you a flavour:

Our Itineraries

Turn over for more Itineraries →

The Whole Arran Coastal Way - Brodick to Brodick 67 miles/108 km

Brodi	ck to Brodick in 5 days walking Code: AC6	Brodick to Brodick in 6 days walking Code: AC7				
		Miles	km		Miles	km
Day 1	Travel to Brodick for your first nights accommodation	Travel to Brodick for your first nights accommodation				
Day 2	Brodick to Lochranza	17	27	Brodick to Corrie	6	10
Day 3	Lochranza to Blackwaterfoot	18	29	Corrie to Lochranza		18
Day 4	Blackwaterfoot to Lagg	8	13	Lochranza to Blackwaterfoot	18	29
Day 5	Lagg to Whiting Bay	10	16	Blackwaterfoot to Lagg	8	13
Day 6	Whiting Bay to Brodick	14	23	Lagg to Whiting Bay	10	16
Day 7	Depart from Brodick after breakfast			Whiting Bay to Brodick	14	23
Day 8				Depart from Brodick after breakfast		







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Brodick to Brodick in 7 days walking Code: AC8				Brodick to Brodick in 8 days walking Code: AC9			
		Miles	km		Miles	km	
Day 1	Travel to Brodick for your first nights accommodation			Travel to Brodick for your first nights accommodation			
Day 2	Brodick to Corrie	6	10	Brodick to Corrie	6	10	
Day 3	Corrie to Lochranza	11	18	Corrie to Lochranza	11	18	
Day 4	Lochranza to Pirnmill	7	11	Lochranza to Pirnmill	7	11	
Day 5	Pirnmill to Blackwaterfoot	11	18	Pirnmill to Blackwaterfoot	11	18	
Day 6	Blackwaterfoot to Lagg	8	13	Blackwaterfoot to Lagg	8	13	
Day 7	Lagg to Whiting Bay	10	16	Lagg to Whiting Bay	10	16	
Day 8	Whiting Bay to Brodick	14	23	Whiting Bay to Lamlash	7	11	
Day 9	Depart from Brodick after breakfast			Lamlash to Brodick	7	11	
Day 10				Depart from Brodick after breakfast			







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Turn over for our Booking form \rightarrow

Arran Coastal Way Short Break - the South

Start in the seaside village of Blackwaterfoot and follow the rocky shoreline and forestry paths round the south of Arran, before visiting the seaside towns of Whiting Bay and Lamlash. Look out for the dramatic island of Ailsa Craig, further down the Firth of Clyde, and enjoy views over Kintyre. There are 3 options on the southern part of the walk depending on the number of miles you wish to walk each day.

Blackwaterfoot to Brodick 32 miles/51 km

	Blackwaterfoot to Brodick in 3 Days Walking Code: ACL4			Blackwaterfoot to Brodick in 4 Days Walking Code: ACL5			Blackwaterfoot to Brodick in 5 Days Walking Code: ACL6		
		Miles	km		Miles	km		Miles	km
Day 1	Travel to Blackwaterfoot for your first nights accommodation			Travel to Blackwaterfoot for your first nights accommodation			Travel to Blackwaterfoot for your first nights accommodation		
Day 2	Blackwaterfoot to Lagg	8	13	Blackwaterfoot to Lagg	8	13	Blackwaterfoot to Lagg	8	13
Day 3	Lagg to Whiting Bay	10	16	Lagg to Whiting Bay	10	16	Lagg to Kildonan	4	7
Day 4	Whiting Bay to Brodick	14	23	Whiting Bay to Lamlash	7	11	Kildonan to Whiting Bay	6	9
Day 5	Depart from Brodick after breakfast			Lamlash to Brodick	7	11	Whiting Bay to Lamlash	7	11
Day 6				Depart from Brodick after breakfast			Lamlash to Brodick		11
Day 7							Depart from Brodick after breakfast		

Arran Coastal Way Short Break - Around the North

The northern part of the Arran Coastal Way skirts the mountainous part of Arran, with great views over the water to Bute, Loch Fyne, and Kintyre. You also have the option of climbing Goat Fell, Arran's highest mountain. We have 2 options on the northern part of the walk.

Brodick to Blackwaterfoot 35 miles/56 km

Brodick to Blackwaterfoot in 3 Days Walking Code: ACH4			Brodick to Blackwaterfoot in 4 Days Walking Code: ACH5			
	Miles km				Miles	km
Day 1	Travel to Brodick for your first nights accommodation	Travel to Brodick for your first nights accommodation				
Day 2	Brodick to Corrie	6 10		Brodick to Corrie	6	10
Day 3	Corrie to Lochranza	11	18	Corrie to Lochranza	11	18
Day 4	Lochranza to Blackwaterfoot	18	29	Lochranza to Pirnmill	7	11
Day 5	Depart from Blackwaterfoot after breakfast			Pirnmill to Blackwaterfoot	11	18
Day 6				Depart from Blackwaterfoot after breakfast		







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		Bo	ooking Form						
Contact I	Details								
			e / Alternative Tel:						
			gency Contact No:						
Your Hol									
			ay Code:	(Hadrian's W	/all: Add an "R" if starting in the West)				
Date of First Nig	pht:	Date	of Last Night:						
Party Me	mbers								
Title	First Name		Last Name	Date of Birth					
Options			Rooms Required:	Rest Days (give date & location)					
Luggage Tran	sport		No. Double Rooms						
Packed Lunch	nes		No. Twin rooms						
Off Street Parking (there is normally a charge for this)			No. Single Rooms						
Transfer requi	red (additional charge)		No. Triple Rooms (Double & Single)						
Comments (spe	cial diets, other requirements, etc):								
Payment									
Holiday cost p	per person		I enclose a cheque for the deposit value (GBP only, made payable to Mickledore Travel)						
Rest Days			I would like to pay by card (we will contact you to arrange this).						
Total cost per person			I would like to pay by bank transfer (we will contact you to arrange this).						
Number in group									
Total group cost			I confirm that the above details are correct and that I have read the terms and						
Deposit (20% of Total Cost)			conditions available on the website.						
			Signed		Date				
Single and so	lo supplements will be added where applicab	Name							
How did you h	ear about Mickledore Travel:								